

CONSUMER RESOURCES

Credit and Personal Finances

Credit Bureaus:

Equifax 800-685-1111 www.equifax.com PO Box 740241; Atlanta, GA 30374 Experian 888-397-3742 www.experian.com PO Box 9532; Allen, TX 75013 TransUnion 800-916-8800 www.transunion.com PO Box 2000; Chester, PA 19022

Federal Trade Commission Credit and Loans-http://www.ftc.gov/bcp/menus/consumer/credit.shtm
Provides a wealth of information of a wide variety of credit topics, including: debt collection, automobile financing, home-buying and credit laws.

600 Pennsylvania Avenue, NW Washington, DC 20580 T (202) 326-2222; T 1-**800**-Do-Not-Call

Annual Credit Report Request Service

P.O. Box 105283

Atlanta, GA 30348-5283

1-877-322-8228

www.annualcreditreport.com

Free or Low-Cost Legal Services

Legal Services Corporation - http://www.lsc.gov/about/what-is-lsc

Provides legal services at no cost or little cost for consumers in lower to lower-middle classes

Legal Services Corporation Phone: 202-295-1500
3333 K Street, NW, 3rd Floor Fax: 202-337-6797
Washington, DC 20007-3522 Email: info@lsc.gov

Pine Tree Legal Assistance - http://www.ptla.org/links/services.htm

Links to organizations that provide free legal assistance 39 Green Street (207) 622-4731

P.O. Box 2429

Augusta ME 04338-2429

American Bar Association - http://www.abanet.org/legalservices/probono/directory.html#

A directory of pro bono legal programs by state

Chicago Headquarters 800-285-2221

321 North Clark Street Chicago, IL 60654

















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State Legal Assistance for the Elderly - http://www.ilrg.com/practice/assistelderly.html

A list of state agencies that provide legal assistance for older citizens in great economic or social need

FLORIDA MASSACHUSETTS

Florida Department of Elder Affairs Legal Services Developer

4040 Esplanade Way MA Executive Office of Elder Affairs Building B, Suite 152 One Ashburton Place, Fifth Floor

Tallahassee, FL 32399-7000 Boston, MA 02108 (904) 414-2000 (617) 727-7750 Fax: (904) 414-2006 Fax: (617) 727-9368

Renters Assistance/ Public Housing

Housing and Urban Development Renter Assistance

http://www.hud.gov/renting/index.cfm

Links and resources for low-cost rentals. 451 7th Street S.W., Washington, DC 20410 Telephone: (202) 708-1112 TTY: (202) 708-1455

Public Housing Authority - http://www.hud.gov/offices/pih/pha/contacts/index.cfm

Links to local public housing offices that provide affordable rentals for low-income families and individuals.

1715 Division Ave 52 Chauncy Street West Palm Beach, FL 33407 Boston, MA 02111

Emergency Rental Assistance - http://www.rentassistance.us/

145 N.E. 4Th Avenue51 Sleeper StreetBoynton Beach, FL 33425Boston, MA - 02210(561) 364-9501(617) 482.5440

The purpose of the Emergency Rental Assistance Service (a program of http://www.crisisassistance.org/) is to prevent evictions and homelessness.

Crisis Assistance Ministry 500-A Spratt Street Charlotte, NC 28206 704-371-3001 (T) 704-333-4310 (F)















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Utility Assistance

Low-Income Home Energy Assistance Program (LIHEAP) -

http://www.acf.hhs.gov/programs/ocs/liheap/
is a directory of state resources that assist low-income families by providing discounted and affordable utility services, including electric and water.

Aerospace Building, 5th Floor West 370 L'Enfant Promenade, S.W.

Washington, D.C. 20447

Phone Number: (202) 401-9351 Fax Number: (202) 401-5661

Social Aid/ Substance Abuse and Addiction Resources

The Salvation Army Adult Rehabilitation Centers - http://www.satruck.org/rehabilitation-program

Provides spiritual, social and emotional assistance for men and women who have lost the ability to cope with their problems and provide for themselves.

451 E Copans Rd Pompano Beach, FL 33064 (954) 782-3925

Alcoholics Anonymous - http://www.alcoholics-anonymous.org/

NORTH COUNTY INTERGROUP 1371 Okeechobee Rd. West Palm Beach, FL 33401 (561) 655-5700

Narcotics Anonymous - http://www.na.org/

NA World Services PO Box 9999 Van Nuys, California USA 91409 (818) 773-9999

Gamblers Anonymous - http://www.gamblersanonymous.org/

CARE 321 Northlake Blvd. North Palm Beach, FL 33408 (855) 222-5542

















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211 - http://www.211.org/

2-1-1 is an easy to remember telephone number that, where available, connects people with important community services and volunteer opportunities.

211 Palm Beach/Treasure Coast

PO Box 3588

Lantana, FL 334652-1-1 or if out of the area (561) 383-1112

Dial 2-1-1 or if out of the area (561) 383-1112

Prescription Drug/ Medical Assistance/ Health Insurance

The Partnership for Prescription Assistance - https://www.pparx.org/Intro.php

The Partnership for Prescription Assistance brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualified patients who lack prescription coverage get the medicines they need through the public or private program that's right for them.

(888) 4PP-ANOW

Free Medicine Foundation - http://www.freemedicinefoundation.com/index.html

Provides patient assistance programs for those in financial distress with programs that will help them save or eliminate prescription medicine costs. (573) 996-3333

Senior Care Benefits Network - http://www.scbn.org/ provides prescription medication assistance to low-income seniors who lack medical insurance coverage. (888) 331-1002

Insure Kids Now - http://www.insurekidsnow.gov/ provides low-cost health insurance for kids. (877) KIDS-NOW

Food Stamps/Nutrition Services

Food and Nutrition Service - http://www.fns.usda.gov/fns/ Information regarding the USDA's food stamp program.















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Food & Nutrition Service 3101 Park Center Drive Alexandria, VA 22302 703-305-2062

Social Security Online: Food Stamps - http://www.ssa.gov/pubs/10100.html Information regarding the Social Security Administration's food stamp program. 1645 North Congress Avenue

West Palm Beach, FL 33401
1-800-772-1213

Tax Counseling

AARP's Tax Counseling - http://www.aarp.org/money/taxaide/taxcounseling/ Answers questions regarding tax-related questions catered to seniors. 601 E Street, NW Washington DC 20049 (888) OUR-AARP (888-687-2277)

IRS Tax Counseling for the Elderly (TCE) - http://www.irs.gov/individuals/article/0,id=109754,00.html
The TCE program offers FREE tax help to individuals who are aged 60 or older.
1700 Palm Beach Lakes Blvd.
West Palm Beach, FL 33401
(561) 616-2002

Family and Child Care Services

Child Care Aware - http://childcareaware.org/ - As a new parent finding child care for the first time, or a family attempting to find a new provider, locating high-quality child care might be easier said than done.

1515 North Courthouse Road, 11th Floor Arlington, VA 22201 (800) 424-2246















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National Association of Child Care Resource & Referral (NACCRRA) - http://www.naccrra.org/about-us
We work with more than 600 state and local Child Care Resource and Referral agencies to ensure that families in every local community have access to quality, affordable child care.

1515 N. Courthouse Rd, 11th fl
Arlington, VA 22201
(703) 341-4100











